

Process Education (PE) in a Nutshell

Learning is a process that can be improved. By integrating theories and tools emphasizing the continuous development of learning skills, Process Educators produces highly capable learners who can thrive in any context. The term “process” (often referred to as a methodology) simply refers to step-by-step actions to improve performance.

How does Process Education work?



BELIEVE Everyone has unlimited potential which can be unleashed by learning to learn better. No matter one's current learning capability, it can be improved!

- Key Tools: [Classification of Learning Skills](#), [Learning Process Methodology](#)
- Example: Students failing out of school become stars after a summer intervention
- How do we operationalize this belief? By **DOING**



DO Active learning yields the best results when we perform, such as in a team on challenging tasks. Doing goes beyond just absorbing information; you put the information to use.

- Key Tools: [Activity Design Methodology](#), [Team Roles](#), [Quality Learning Environment](#)
- Example: Student teams each prepare a spokesperson to debate other teams
- How can we benefit from what we do? By **ASSESSING**



ASSESS Using feedback to improve (assessing) and analyzing what happened to better understand (reflecting) provides a sound basis to create action plans for improving capability.

- Key Tools: [Assessment vs Reflection](#), [SII Assessment Feedback format](#)
- Example: Peers provide feedback on a report to reveal strengths and suggested changes
- What is the purpose of assessing or reflecting? **GROWING**



GROW Growth and development occur when we implement action plans that stretch us beyond our current boundaries, resulting in increased capability.

- Key Tools: [Methodology for Generalizing Knowledge](#), [Methodology for Developing Performance](#)
- Example: New teamwork skills are extended from work to home and to a volunteer effort
- How can we be intentional about our growth? By **BECOMING**



BECOME Our lives improve when we intentionally pursue the next version of ourselves (the us who is **better** because they improved on who they were)

- Key Tools: [Self-Growth Methodology](#), [Profile of a Quality Collegiate Learner](#)
- Example: A realization that listening creates more meaningful relationships leads someone to design and pursue action plans that help them develop the skills they need for deep listening
- We are the guides, directors, coaches, scriptwriters, and performers in our own life journeys