How to Develop Performance Measures for Complex Skills

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Note: in this workshop we will develop performance measures for **mentoring skills**, perhaps the most challenging set of skills within the <u>Classification of Learning Skills</u>

Why this PD Session? See how PE performance measures are developed, by doing it!

- Learn how performance measures are developed
- Create draft content for multiple measures of valuable, complex performances
- Participate in a structured team activity with a diverse group of PE colleagues
- **Enjoy** more impactful coaching of students, professionals, and other mentees to maximize their capability and raise quality of life
- Overcome impediments to self-growth to maximize your own quality of life

Components of a PE Performance Measure

- **Description** rich paragraph illustrating how use of the targeted skill unfolds
- **Dimensions** five pairs of important factors affecting quality
- Levels labels for five equally spaced increments of capability
- Statements what performance looks like at each level for each pair of dimensions

What are Mentoring Skills?

Mentoring Skills: a subset of the <u>Classification of</u> <u>Learning skills</u> used by mentors and self-growth coaches to **unlock application of growth skills**. They <u>enhance</u> <u>a self-growth mindset</u>, help to <u>integrate life plans</u>, and are often the <u>focus of reflection</u>.



Growth Skills: a subset of the <u>Classification of</u> <u>Learning skills</u> that improve personal capability through <u>metacognitive awareness</u> and <u>motivation to produce</u> <u>new actions</u> that **improve performance development** in a variety of contexts.

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What is the Mentoring Skills Project?



- An Academy resource
- A cross-disciplinary collaboration using a systematic, scholarly approach
- 18 complete, 11 in progress,
 9 yet to be started

PM DEVELOPMENT PROCESS Pre-workshop During Workshop Post workshop

Step	Description (Note: we generally develop measures for two skills at a time)
1: Build a team	Uses attendees present. Detailed information sent to participants ahead of workshop.
2: Identify a facilitator for each	Volunteer facilitators are determined ahead of the workshop. Tris keeps a
measure (do 2 at a time)	spreadsheet of current skill status and priority for completion.
3: Orientation to logistics of	10-15 min during initial session only, for those new to process. Tailored to
the process	participant needs.
4: Write descriptive definitions of skill	Done in Moodle forum with small groups - Teams write two descriptive sentences about each skill.
5: Create a Performance	Combine input from step 4. Done by facilitator & an experienced PE person while
Description	others work in breakouts on steps below.
6: Identify an expert	Visualize an example of someone who does each skill better than anyone else.
	Imagine them doing it. Done informally by each individual
7: Brainstorm factors	Done in Moodle forum by small groups – Teams Brainstorm a ranked list of 7
	factors that affect the performance of each skill.
8: Inventory team lists	Done live with large group – combine factor lists from each team into one non-
	redundant list for each skill.
9: Reduce to a top 10 list	Small groups pick top 2-3 factors from combined list to lock into initial top 10 for
	each skill. Then, large group negotiates to finalize top 10 list for each.
10: Pair the top 10	Done live with the large group - Match or pair-up the top 10 items into 5 pairs.
11: Label each pair	Done live with the large group – Labels represent a range from "novice" to
	"expert".
12: Describe each level in a	Briefly define what each level means with a few words. Do level 5 first, level 1
few words	second, then the others.
13: Describe performance at	Steps 12-13 require ~90 minutes of effort by a small group of 2-3 individuals
each level for each pair	
14: Test measure	The PE Expert group can help do this by using the draft measure and providing
	feedback to improve it.