

Mental & Physical Health and Their Impact on Equity in Educational Settings: A Potential for Growth?



(left) Arlene King-Berry (J.D. M.Ed.) is a highly qualified educator with a comprehensive background in research, teaching, and technology. Expertise includes Developing Teaching Strategies and Apps, Universal Design for Learning, Assistive Technology, Tools for College Success, and Online Course Development. She is a Quality Matters Certified Reviewer and has Gallup Strengths Certification.

(center) Nathalie Mizelle (Ph.D. Rehabilitation Psychology, University of Wisconsin-Madison) has 26 years of professional experience as rehabilitation and mental health practitioner as well as 19 years as a counselor educator. She currently teaches at the University of the District of Columbia as the Director and Associate Professor in Counseling.

(right) Pier A. Broadnax (Ph.D., RN, Nursing) has over 30 years of academic experience in nursing education with an emphasis on minority nurse leadership development in under-resourced communities. This emphasis has led to a comprehensive examination of the inequities in education related to individual biases. The pandemic subsequently compelled educators to develop strategies needed to lessen the impact of inequities on student development.

Overview

COVID-19 and Systemic Racism pandemics have created innovative environments but have exposed areas of serious inequity for faculty and students. The new normal has resulted in many educators examining the impact of mental and physical health on equity in educational settings. The impact is manifested in challenges such as lack of academic progression including technological accumen, socio-emotional stability, financial and health/wellness resources, and relationship building.

Learning Outcomes

1. Identify areas of inequity resulting from the COVID-19 and Systemic Racism pandemics
2. Identify and develop strategies that address these inequities.

Session Preparation

- a. Microsoft office 365 apps

<https://www.microsoft.com/en-us/education/products/office>

- b. Biteable

https://biteable.com/?utm_source=adwords&utm_medium=cpc&utm_campaign=s-brand-all-countries-all-devices-exact&utm_content=60465578388&utm_term=biteable%20animation&gclid=Cj0KCQjw6-SDBhCMARIsAGb17UizV-rO8Wlkekgqy4M54M-nITmNuMXm8BQPjqrMPh7W-A3TMWY_x64aAjKHEALw_wcB

- c. Animoto

https://www.google.com/aclk?sa=L&ai=DChcSEwiR8_erm4PwAhWQisgKHbHEDlcYABAAGgJxdQ&ae=2&sig=AOD64_22u-P_71bmbP6F218_SJKaYu6l_g&q&adurl&ved=2ahUKEwjPrO6rm4PwAhXLdN8KHx83AfgQ0Qx6BAgHEAE

Resources (attached files)

- Session Powerpoint (in PDF)
- UDL Toolkit

Session Plan

- Overview/Introductions
- Kahoot Pre-Assessment https://kahoot.it/challenge/0963801?challenge-id=86fa7a4e-fca7-4807-81bf-394f47d16d19_1624039546633 Use the Pin: 0963801
- Presentations
 - Bias and Equity
 - Manifestations of Mental and Physical Health; Relationship Building
 - Teaching Strategies and Technological Resources
- Break-Out Group Discussions (3 ZOOM Rooms)
- Break-Out Group Reports
- Kahoot Post Assessment